

## **Reiki with Crystals Workshop**

Prerequisites – minimum Reiki 2nd Degree. In this 5 hour workshop you will learn how to expand your Reiki practice using crystals. You will explore:-

- methods to charge/programme your Reiki healing crystals
- how to use crystals in a Reiki treatment
- how to use crystals to balance chakras, chakra layout/grids
- different methods of self-treatments and Reiki hands and feet.

Light refreshments provided and comprehensive notes accompany all our workshops.

Workshop = £65 includes a beautiful selection of crystals to take home with you.

## **To book**

To book any workshop or therapy/treatment please contact Julie

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